

J A N U A R Y 2 0 1 2

the

# SPRUCE CITY SKATING CLUB

NEWSLETTER

## Good Luck!

Spruce City Skating Club  
wishes all skaters the best of  
luck at the following events:

Test Day – Jan 20-21, PGFSC

Cariboots and Blades  
Competition – Feb 3-5,  
Williams Lake

Ogopogo Competition  
– Feb 10-12, Penticton



Welcome back!

Welcome back!

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WE hope that

you enjoyed

your holidays!



# Skate With Santa Photos!

Holiday keepsake photo's from the "Annual Skate With Santa" are available for purchase! Visit [www.dhbphotography.ca](http://www.dhbphotography.ca) Prices start at only \$5 for a 4x6. Create a custom message at the bottom, or get your photo without a template. The choice is yours. To place your order contact Dino: 778.349.3466



## Schedule Changes!

The updated training schedule is posted on the Club bulletin board. It is also available at: [www.sprucecityskating.com](http://www.sprucecityskating.com)

<Registration/Schedules> <Training Schedule>

## Calling all Volunteers!

Did you know that the Spruce City Skating Club is a not-for-profit organization? With the exception of the NCCP Certified Professional Coaching Staff, your Club is run entirely by volunteers. The Club is currently seeking input from you, our members, to get involved in Clubs operations. We are particularly looking to bring together membership from CanPowerSkate and CanSkate. So how can you help? It could be something as simple as volunteering to be a "Program Liaison." Program Liaison's help foster communication between the Executive Committee and the membership.

Of course the Club can always use help with fundraising, grants and donations as this keeps costs down for everyone. The SCSC appreciates all volunteers. To find out more, contact Renee Hampole: [vp@sprucecityskating.com](mailto:vp@sprucecityskating.com)

2012 Winter Schedule						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Junior 3:05 - 3:25 Off Ice 3:30 - 4:00 Class 4:00 - 4:45 FS 4:45 - 5:00 Spn 5:05 - 5:50 Ballet	Junior 3:05 - 3:25 Off Ice 3:30 - 4:00 FS 4:00 - 4:45 Class 4:45 - 5:00 Spn 5:05 - 5:50 Ballet	Junior 3:05 - 3:25 Off Ice 3:30 - 4:00 FS 4:00 - 4:45 Spn 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Junior 3:05 - 3:25 Off Ice 3:30 - 4:00 FS 4:00 - 4:45 Spn 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Junior 3:05 - 3:25 Off Ice 3:30 - 4:00 FS 4:00 - 4:45 Spn 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Senior 8:00 - 8:25 Off Ice 8:30 - 9:00 FS 9:00 - 9:25 Class L&F 9:25 - 9:45 Spn 9:45 - 10:00 FS 10:05 - 10:20 Off Ice Fls	
Senior 3:35 - 4:00 Spn 4:00 - 4:45 FS 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Senior 3:35 - 3:55 Off Ice 4:00 - 4:45 FS 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Senior 3:35 - 3:55 Off Ice 4:00 - 4:45 FS 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Senior 3:35 - 3:55 Off Ice 4:00 - 4:45 FS 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Senior 3:35 - 3:55 Off Ice 4:00 - 4:45 FS 4:45 - 5:00 Class 5:05 - 5:50 Ballet	Junior Academy Includes Tuesday and Thursday, Stages 1 and 2 (A) students can audition for the Monday Junior Class/Free skate and will be admitted upon approval of the Director of Skating.	
Junior Co-Power 6:05 - 7:00	Junior Co-Power 6:05 - 7:00	Junior Co-Power 6:05 - 7:00	Junior Co-Power 6:05 - 7:00	Junior Co-Power 6:05 - 7:00	Senior Co-Power 6:05 - 7:00	
Senior Co-Power 7:05 - 7:45	Senior Co-Power 7:05 - 7:45	Senior Co-Power 7:05 - 7:45	Senior Co-Power 7:05 - 7:45	Senior Co-Power 7:05 - 7:45	Senior Co-Power 7:05 - 7:45	

# HOW MANY DAYS UNTIL...?

PGFSC TEST DAY: 10

CARIBOOTS AND BLADES COMPETITION: 24

OGOPOGO COMPETITION: 31

## WORDS OF MOTIVATION:

"Dear friend, theory is all grey,

And the golden tree of life is green.

I realize that healthy living has more to do with behavior,  
than theory."

- Goethe

COMING  
SOON!



Details will be announced soon on this exciting event. Many thanks to Alicia Mettauer who has volunteered to be the Ice Show Chairperson. To find out how you can get involved, contact her at: [mettauer@shaw.ca](mailto:mettauer@shaw.ca)

## OFF-ICE TRAINING = ON-ICE SUCCESS!

The two are related, so please make sure you attend. Off-Ice participation is *not* optional!

All off-ice class times are posted on the schedule on the bulletin board.

Take advantage of the opportunity that you have been offered and you'll be AMAZED at your improvement!

## CONTACT THE CLUB

President - VACANT

Vice President - Reneé Hampole [vp@sprucecityskating.com](mailto:vp@sprucecityskating.com)

Registrar - Sheri Trampuh [registrar@sprucecityskating.com](mailto:registrar@sprucecityskating.com)

Treasurer - Jodi Shaw [finance@sprucecityskating.com](mailto:finance@sprucecityskating.com)

Secretary - Michelle Hutchison [secretary@sprucecityskating.com](mailto:secretary@sprucecityskating.com)

Pro Liaison – Joanne Wankling [coaching@sprucecityskating.com](mailto:coaching@sprucecityskating.com)

Public Relations - Melanie Ramsay [pr@sprucecityskating.com](mailto:pr@sprucecityskating.com)

Competition Chair - Brenda Laviolette [test-compete@sprucecityskating.com](mailto:test-compete@sprucecityskating.com)

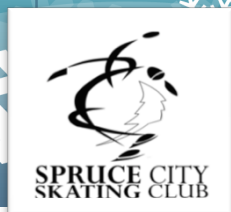
Test Chair – VACANT

## CONTACT THE EDITOR

Rory Allen

[director@sprucecityskating.com](mailto:director@sprucecityskating.com)

250.962.1993



# CLASSIFIEDS

## Looking to Buy:

Terri Stewart - size 11-12 figure skates 250.640.0440 [tstewart82@gmail.com](mailto:tstewart82@gmail.com)

Lisa - size 4 or 4 1/2 figure skates 250.962.7893

Rita Cavenaile - size 4 figure skates 250.564.2905

## Looking to Sell:

Skating dresses and Graff skates

Graff Skates Size 2.5 excellent shape only used 3 mos. \$200 250.992.6335

Boys Size 2 figure skates: [mioara\\_popa05@yahoo.com](mailto:mioara_popa05@yahoo.com)

Boys Size 10 (junior): [SSullivan@steels.com](mailto:SSullivan@steels.com)

Boys Jackson freestyle boots with gam 3 blades boot size 4.5 they are in good condition  
[zenazad@telus.net](mailto:zenazad@telus.net)

Size 12.5 Reidell, Size 1 Gam, Size 2 Graff – All skates are in mint condition

For more details contact the [Director of Skating](#)