



JULY 2011 NEWSLETTER

SUMMER
IS
HERE!



BC Summer Skate and Wild Rose Competitions deadlines coming soon!

1. Wild Rose Competition
Deadline: July 7 - cheques must be in the hands of the registrar by July 14.

Please note the skaters name and category on the cheque. You may also pay by credit card (this is advisable as you know that payment will be received in case there is a postal strike).

Note that the registration fee also includes a 20min practice session (schedule to be announced later) Cheques must be dated no later than July 7 and are payable to Wildrose 2011

Competitors in Jr Bronze and higher as well as all CompetitiveSkate competitors are required to fill in a Planned Program Sheet.

2. BC Summer Skate Competition:
July 13 - cheques must be in the hands of the registrar by July 20.

Please note the skaters name, category and confirmation number on the cheque. You may also pay

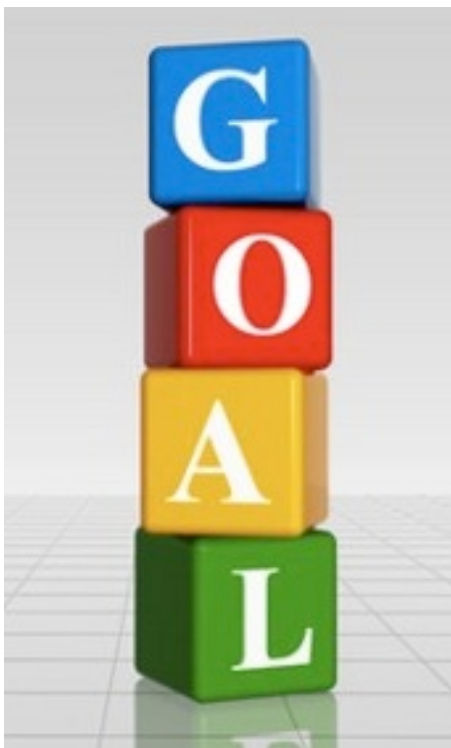
(cont'd on pg 2)

Pre-Summer Off-Ice Training Program

Participants had a blast and elevated their fitness level!

If you participated in the Pre-Summer Off-Ice Training Program, please bring your **completed** Training Record with you to skating asap. Data will be entered into a spreadsheet so that you can see where you spent your time!

Also, please be advised that results from the recent Fitness Assessment will be available soon.



JULY QUOTE:

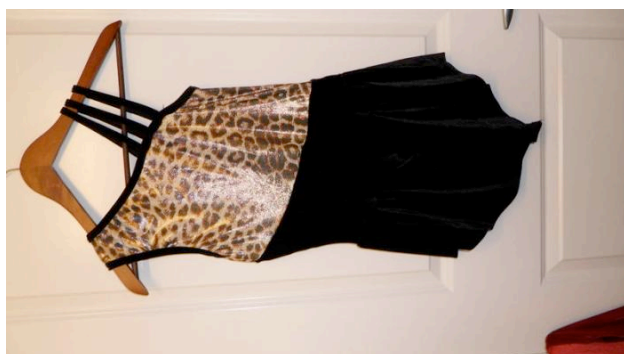
"There's a difference between interest and commitment. When you're interested in doing something, you do it only when circumstance permit. When you're committed to something, you accept no excuses, only results."

~ Author Unknown

Photography Fundraisers:

Please be advised that the Club is working on a calendar that will feature our own skaters as local stars! It is important that you participate in the theme days as we will be taking photos of skaters to be featured in the calendar each month. Questions can be directed to: dino@dhbphotography.ca

The Club is also planning a photography fundraiser. For more information and to register, contact dino@dhbphotography.ca



EQUIPMENT SWAP!

Bring your skating attire and skates that you'd like to sell for our summer swap and shop! The equipment swap will be happening during our regularly scheduled skating times at Kin 2 Arena on Friday July 8

Competition Deadlines

Continued from pg 1.

by credit card (this is advisable as you know that payment will be received in case there is a postal strike). Practice ice will be available for all skaters at \$15/30min. Schedule will be posted at www.skatinginbc.com. To book call 1888-752-8322.

Live streaming (video) is included. This will be downloadable on

youtube after the event concludes.

Planned Program Sheets are mandatory for all STARSkate and CompetitiveSkate events. Please help your skater fill this in online. If you need help let me know and we will arrange a time at the arena to go over it.

Both registrations should be done at: www.karelo.com.

Remember to enter the **Skaters name** and not the parents name.

1 Down 2 To Go!

SCSC Summer Bottle Drives



Many thanks to all Club members who participated in the first Bottle Drive Fundraiser.

The SCSC strongly encourages all members to participate in at least one of the Summer Bottle Drive Fundraisers. Summer School fees are kept low by these bottle drives. Sign up online today at: www.sprucecityskating.com <MEMBER INFO> <Calendar of Events>

FINANCE COMMITTEE: NEXT MEETING

The next meeting has been set for Monday July 11th at 1:30pm at the Coliseum. Please contact: rory@firestarfitness.ca to RSVP

All members are encouraged to attend!



Schedule Changes

We regret any inconvenience the recent changes to our schedule may have caused you. The SCSC always ensures that we keep our schedules as consistent as possible. To ensure you have the latest schedule, please visit www.sprucecityskating.com and download and print your copy.

July Calendar of Events

July 7 - "Colours of the Rainbow" Theme Day

July 8 - Summer Test Day due date (and pull date for Diamond Dances and Competitive Tests)
- SCSC Equipment Swap

July 9 - Bottle Drive - College Heights Community Ctr and Elksentre Arena - Meet at 10am

July 14 - "A Day at the Beach" Theme Day

July 20 - Summer Test Day final pull date

July 21 - 5-8pm Annual Club Picnic - Fort George Park

July 28 - "Disco Day" Theme Day

July 29 - Wild Rose Competition Simulation

FINANCE COMMITTEE UPDATE

Get involved!

Several members met recently for a financial brainstorming session. It was discussed that three committee positions should work on different tasks. While we were able to have each job assigned to a person, it should be noted that the people who signed up for these jobs are already active members of the Club Executive. Much help is needed to help with a variety of tasks relating to these positions. Please contact the coordinator directly to get involved.

1. Fundraising Coordinator: to deal with direct membership fundraising initiatives such as chocolate sales, bottle drives and car washes etc.

Volunteer: Bev Isaac

2. Sponsorship/Donation Coordinator: to deal with acquiring funds, products and in-kind donations from individuals plus local, national and potentially international companies.

Volunteer: Renee Hampole

3. Gaming/Grants Coordinator: to deal with government and corporate gaming and grant applications.

Volunteer: Michelle Hutchison

Additionally, a number of potential fundraising ideas were discussed, from "Smencils" to carwash events to a Club Calendar with member photos.

What we are looking now is people. You don't need to be able to attend meetings. You just need to be willing to put some energy into one or more of the three areas. Experience is not necessary.

Help us build better programs at Spruce City Skating Club! To find out more contact Rory today: rory@firestarfitness.ca or 250.640.1874

Bring our new motto: "Training today...skills for life!" to full realization!

CLASSIFIEDS

Contact the Editor by July 25 to list

Boys skates for sale:

Gam originally \$250. Asking \$100 obo.

Glacier originally \$100. Asking \$50 obo. Excellent condition.

Sharon: donshar@shaw.ca

Beautiful custom made dresses for sale in a variety of sizes: 8-14. Rhonda: rball@bvis.ca

Skating dresses and Graff skates for sale. Graff Skates Size 2.5 excellent shape only used 3 mos. \$200 250-992-6335

Girls skates for sale:

Size 12.5 Reidell Size 1 Gam Size 2 Graff – All skates are in mint condition

For more details contact: rory@firestarfitness.ca



Contact the Editor

Rory Allen

rory@firestarfitness.ca



Spruce City Skating Club

PO Box 712, Station A Prince George, BC V2L 4T3

www.sprucecityskatingpg.com

2011 – 2012 Executive Contact List



SKATECANADA

Position	Name	Phone Number	Email
Director of Skating	Rory Allen	250.640.1874	rory@firestarfitness.ca
Club Coach	Megan Swan	250.565.5405	mgnswan@gmail.com
President	Chris Taruc	250.962.0206	tarucc@cnc.bc.ca
Vice-President	Renée Hampole	250.964.6316	rahulh@shaw.ca
Treasurer	Jodi Shaw	250.962.5266	littlequirts@shaw.ca
Registrar	Sheri Trampuh	778.416.7799	sheri.trampuh@live.ca
Secretary	Michelle Hutchinson	250.962.8780	michelleh@yrb.ca
Pro Liaison	VACANT		
Publicity	Mel Ramsay	250.962.9888	melramsay@shaw.ca
CanSkate Liaison	VACANT		
Competition Chair	Brenda Laviolette	250.962.5595	laviol@telus.net
Test Chair	Chris Taruc	250.962.0206	tarucc@cnc.bc.ca
Fundraising Chair	VACANT		
Ice Coordinator	Suzanne Reid	250.552.7041	raful@telus.net
Events Coordinator	VACANT		